

# NEWS

[www.neptunians.org](http://www.neptunians.org)



October 2022

**President** Sandy Savaiano

**Asset Management** Blair Harless ♦ **Financial Secretary** Jo-Ann Conlin ♦ **Fundraising** (Open)

**Hospitality** Maria Zebrowski ♦ **Marketing** Martha Logan ♦ **Membership** Lorri Kampfner

**Parliamentarian** Irene Cotter ♦ **Philanthropy** Kathie Nichols ♦ **Recording Secretary** Brenda Holcomb

**Rentals** Michelle Erickson & Barbara Dietsch ♦ **Treasurer** Paula Davern ♦ **Director At Large** Jill Dunn

**Past President** Jan Fleming

## PRESIDENT'S MESSAGE

**Sandy Savaiano, President**

310-920-6210

[sandysavaiano@yahoo.com](mailto:sandysavaiano@yahoo.com)



We have designated October as Member Appreciation Month. At our October luncheon, we will hold a Round Table member meeting. This will be YOUR time to let the Board know what is on your mind. Let us know what fundraising events you would most like to attend and support. Share with us what activities you would like to see offered. Consider proposing and leading a new activity on your own or with your friends. Please plan to attend this important meeting and share your input with your fellow members.

Enjoy the cooler days and evenings ahead, I'm looking forward to seeing you at our luncheon.

## OCTOBER 11 LUNCHEON & MEETING INFO

**Carla Petroff, Manager Reservations**

310-545-5996

[cepetroff@gmail.com](mailto:cepetroff@gmail.com)

You should have received your invitation from Eventbrite on September 28. Please look for it. If you do not receive it, check your spam. Please let me know if you don't get it.

### Reminders:

- When you register/RSVP, Eventbrite will send you a confirmation email. If you do not receive this email from Eventbrite, you are NOT registered. You will need to return to Eventbrite to complete your registration. (You may need to scroll down to the bottom of the page to see and click on "Register".)
- Please RSVP before the deadline so we can give the correct numbers to the caterer.
- If you have a reservation and need to cancel, you need to do so before the deadline or you will be charged \$25 to cover your catering cost.



– Don't forget to bring socks to the luncheon for our Sock-tober in-kind donation! Hope to see you October 11!

## LUNCH MENU

Maria Zebrowski, Hospitality

310-418-6142  
zebrowm@aol.com



Provided by Lisa's Bon Appetit:

- Chicken Enchiladas Suizas - layered tortillas, chicken and cheeses with green jalapeno cream sauce
- Herb Roasted Vegetables
- Mary Janes's Cupcakes

Vegan Option:

- Mac & Cheese with vegan butternut squash sauce

## MEMBERSHIP UPDATES

Lorri Kampfner, VP Membership

310-616-6187  
lorrikampfner@yahoo.com

**Welcome new members!** Joan Seder, Christine Cronin-Hurst, Victoria Mclaughlin, Lorraine Mohr, Barbara Canter. New members look for your name badge on the entrance table at the next luncheon.

### 10/12/22 Member Outing to the Natural History Museum.

Interested in joining the next NWC Member Outing to the Natural History Museum on Wednesday, October 12 at 11 am? Please email me by Friday, October 9th if you have not already signed up. You are welcome to bring non-NWC members as guests.

Come see highlights of the NHM Collection including gems & minerals, dinosaurs, LA cultural artifacts, and more, & enjoy lunch in the gardens at NHM. The cost for lunch and the tour is \$20 per person to be paid the day of the visit.



*Photos from last month's outing to South Coast Botanic Gardens. What a great turn out! We had a lot of fun.*

## PHILANTHROPY NEWS

Kathie Nichols, VP Philanthropy

310-749-8757  
klnichols817@gmail.com



### **BOO! It's time for pumpkins, ghosts and goblins – and it's SOCKTOBER!**

Please join us in donating socks (for men, women or children) which will be distributed by Pauley's Project to people experiencing homelessness in DTLA. Socks are very much appreciated by those who don't have access to clean clothes.

Remember that we give what we can when we can. In-Kind donations are never an obligation.

Next month, we will be helping to fill the pantry shelves at [Project Needs](#). Please watch for details in the next newsletter.

The luncheon tables are being decorated for you by the Philanthropy Committee, so please enjoy!

Limited volunteer opportunities will be available for sign up at the in-kind donation table.

## SINGLE MOM PROJECT



Janet Jones gave a heartfelt talk at our September luncheon about the [Single Mom Project](#), a non-profit that she and her two sons created to honor needy single mom's in the South Bay. More information about this organization, as well as a link to giving may be found at:

<http://www.singlemomproject.org>.

## BOOK GROUP

Pat Downing

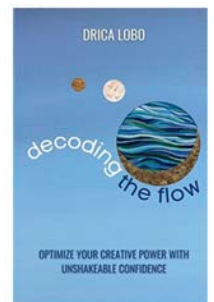
310-641-4240

downing-vallarta@juno.com



The Neptunian Book Group will meet on Thursday, October 20, 2022 at 1:30 PM at the NWC Clubhouse. Our reviewer will be Teresa White. She will review **Decoding the Flow** by Author/Artist Drica Lobo. Drica was one of our judges for the March Art Contest. After Teresa's review you will all have an opportunity to tell us about what you are reading if you would like.

- We also plan to zoom this meeting so a zoom invitation will be sent out a few days prior.
- Hostesses for this meeting are Lorri Kampfner, Robin Kirk and Karen Russo.



If you are a book lover, and not already part of our group, we would love to have you join us. Just contact me and I will send you an invitation.

## PROGRAMS

Geri Eisen, Programs/Speakers

909-896-1577

geriueisen@gmail.com



Our October guest speaker is Gail Winthrop. She is a certified personal trainer with many certifications on women's health. Gail was a one on one personal trainer before discovering her fondness for group fitness. She currently teaches aqua aerobics at both local Bay Clubs, the Manhattan Beach Country Club and Begg Pool. She will speak to our club about the importance of exercise and movement as we age.



## CLUBHOUSE RENTALS

**Michelle Erickson**  
310-4876903  
mandnerickson@msn.com

**Barbara Dietsch**  
310-528-3068  
barbdietsch@yahoo.com

NWC continues to have increased interest in renting the clubhouse for various events including birthdays, wedding vow renewals, celebrations of life and non-profit organization events. Upcoming on October 12 – 14 is the Cancer Support Community South Bay, 18th annual Girls Night Out 'Fun-raiser', and the Sandpipers will be having their holiday boutique the first week in December.

Please let others know that the clubhouse is ready to host their next event.



## SOCIAL MEDIA

**Teresa White, Social Media**

310-993-9056  
t.a.white3@verizon.net

Keep up to date....Be sure to check out Neptunian Woman's Club on FaceBook, Instagram and Twitter.  
Monday Motivation, Throwback Thursday memories, Member Spotlight and more.  
It is a fun way to keep up with the latest news.



### MANAGERS

**Art Show** Heather de Roos ♦ **Corresponding Secretary** Mary Essman ♦ **Fashion Show (Open)**  
**Newsletter/Directory** Martha Logan ♦ **Programs/Speakers** Geri Eisen ♦ **Purchasing** Susan Howard  
**Reservations** Carla Petroff ♦ **Social Media** Teresa White

Please submit Newsletter articles by the 20<sup>th</sup> of each month.